

MEDIA ADVISORY

MEDIA CONTACT  
Teri Hollingsworth  
(213) 538-0763

## **Innovations in Worksite and Community Wellness the Focus at Health Care Provider Wellness Conference in Anaheim**

June 12-13, 2014, Disney's Paradise Pier Hotel, Anaheim, CA

Los Angeles, CA – The 2014 Health Care Provider Wellness Conference, presented by the Hospital Association of Southern California (HASC), the Hospital Association of San Diego and Imperial Counties, and the Hospital Council of Northern and Central California, will focus on the next generation of innovations in employee and worksite wellness programs. The two-day conference, June 12-13 at Disney's Paradise Pier Hotel in Anaheim, brings together leading thinkers in benefits design, health care economics, clinical intervention and community leadership who will use case studies and educational sessions to highlight critical issues in employee health and their impact upon productivity, patient safety and costs.

“With the Affordable Care Act, there is an even greater incentive, particularly for health care organizations, to truly engage their population in wellness programs, and to turn good health into an attainable and sustainable initiative,” said Glynis Carter-Breaux, 2014 Chair, HR Strategic Partner, Providence Little Company of Mary Medical Center – San Pedro. “What we can expect at this year's conference are top experts in the field offering solid, practical strategies for implementing effective wellness programs. We will hear about everything from best practices to healthier food options at hospitals to the legal issues facing employers offering wellness programs. It is the must-attend event for the year for everyone in health care.”

The event will kick off with a wellness activity, and Day 2 features a fun walk/run. Breakout sessions will focus on workplace financial wellness, developing a psychologically healthy workplace, and a healthier hospital food initiative. A CEO panel will highlight strategies for attaining senior level buy-in for wellness programs, and *Perspectives from the Experts* segments will focus on a measured response to critics of workplace health and wellness programs as well as shattering wellness myths.

“HASC is excited and proud to once again sponsor the Health Care Provider Wellness Conference, which is a chance for health care providers to come together to find solutions and collaborate in an effort to create healthier communities,” said Teri Hollingsworth, vice president, Human Resources Services, HASC. “The best part is this event is fun—participants learn while engaging with like-minded experts. It's exciting to see the shift within health care organizations to whole person well-being, and to play a part in reaching this goal.”

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### **About the Hospital Association of Southern California**

The Hospital Association of Southern California (HASC), founded in 1923, is a not-for-profit 501(c)(6) regional trade association. HASC is dedicated to serving the political, economic, informational and educational needs of hospitals and to help improve the quality and accessibility of health services. Visit [www.hasc.org](http://www.hasc.org) for more information.