



HASC Briefs

In This Issue:

HASC Welcomes New CEOs, Leaders	2
HASC, AHA Members Meet on July 16	2
June Forums Cover Cal/OSHA Workplace Violence Updates	2
Donor Helps Launch NHF Ventura Program	3
POLST Training Events Are Planned	3
ATLAS Offers Free SPHM Assessment	4
Upcoming HASC Calendar Listings	4

Wellness Conference Hits Carlsbad June 9, On-site Registration Is Open



A stairway opposite the Cape Rey Carlsbad, site of the 2016 Health Care Provider Wellness Conference, leads to the surf and sand at South Carlsbad State Beach. (CaliforniaBeaches.com)

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Just one week remains before the 2016 Health Care Provider Wellness Conference in Carlsbad. While time is short, space is open for online registration. On-site registration for the event on Thursday, June 9 and Friday, June 10 is available as well.

The slate of speakers for *Wellness: Breaking Through the Barriers* promises a timely look at practices that boost productivity and lower costs for health care organizations. Attendees will learn about the real ROI of worksite wellness, and rapidly-evolving

ways to nurture wellness in diverse settings.

In the two-plus decades since it emerged, wellness has developed into an evidence-based field that delivers both concrete and broadly-defined benefits to organizations, organizing committee chair Olivia Moses said.

“Wellness programs help protect an employer’s No. 1 asset,” said Moses, Loma Linda University Health’s wellness program administrator. “In a hospital setting, wellness programs have the honor of caring for

Please see “Wellness,” on page 4

HASC Welcomes Leaders

The association welcomes the following chief executives to member hospitals. To submit executive changes to HASC Briefs, contact Vhernalyn Julve at (213) 538-0789 or vjulve@hasc.org.

Paulette Heitmeyer, R.N., MSN/ED is hospital administrator / COO at Marina Del Rey Hospital. Before assuming the role on May 5, Heitmeyer served as the facility's chief nursing officer.



Paulette Heitmeyer

Prior to her service at Marina Del Rey, she was director of the Grossman Burn ICU and Clinic at Western Medical Center in Santa Ana.

Erik Wexler is CEO of Providence Health & Services – Southern California, a regional organization with 11,000 caregivers and six award-winning hospitals, two large physician groups and Providence High School. Previously, Wexler served as CEO of the Northeast Region for Tenet Healthcare Corporation.



Erik Wexler

HASC, AHA Members Meet on June 16

The American Hospital Association's *A Critical Conversation on Physician Engagement* aims to share

ideas from professionals who

have implemented physician engagement programs and improved their facilities' culture, outcomes and readiness.

HASC members are invited to participate in a unique discussion on the ways health care organizations are leading and accelerating clinical transformation at a day-long

event on the issue on Thursday, June 16 in Pasadena.

Attendees will hear from leaders who have worked

with multiple organizations with proven success in clinical transformation. Scheduled speakers include HASC Senior VP and COO Mark Gamble, AHA Senior Medical Officer and Senior VP John Combes, M.D., and Physician Leadership Institute founder and CEO Mo

Kasti.

The meeting runs from 9 a.m. to 3:30 p.m. on Thursday, June 16 at The Westin

Pasadena. For complete information, and to register, [please click here](#).

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Workplace Violence Is June Forum Topic

As the deadline approaches for Cal / OSHA's proposed workplace violence rule changes, four HASC-facilitated forums will provide an overview of the policies.

- **Inland Empire – Wednesday, June 1, 1 – 3 p.m.** at Kaiser Permanente – Riverside Campus Medical Office Building 2
- **Orange County – Thursday, June 2, 10 a.m. – noon** at HASC – Orange County Office Conference Room
- **Santa Barbara/Ventura – Monday, June 27, 10 a.m. – noon** at St. John's Regional Medical Center, Garden Level, Conference Room 2
- **Los Angeles – Tuesday, June 28, 9 – 11 a.m.** at HASC – Los Angeles Office Board Room

To reserve a seat, please click here:

www.event.com/d/zfq5cm/4W

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NHF Launches Ventura Recuperative Care Program With Gold Coast's Help



National Health Foundation CEO Kelly Bruno (center) accepted a \$38,700 check from Gold Coast Health Plan CEO Dale Villani (far right), posing with members of the Ventura County Board of Supervisors last month. (NHF photo)

HASC is partnering with National Health Foundation (NHF) to address the needs of homeless individuals in Ventura County who have been hospitalized and need safe discharge options. Gold Coast Health Plan has generously sponsored NHF's Ventura County Recuperative Care program through its Alternative Resources for Community Health (ARCH).

Often, homeless individuals are discharged from a hospital following treatment with instructions to rest, and complete a course

of medication, wound care or other treatment until they are fully recuperated. Through recuperative care, patients receive medical oversight, daily supportive services, connections to medical homes and other providers, and assistance in finding housing. NHF's Ventura Recuperative Care program has the potential to serve as many as 275 people per year with an average length of stay of 10 to 14 days. The program will be launched this fall through a partnership with The Salvation Army in Ventura County.

NHF has been working on a needs assessment for Ventura County and found that about 95 out of 379 hospital patients would qualify for recuperative care every month.

"We are grateful for the opportunity to partner with Gold Coast Health Plan to bring this much needed program to Ventura County," NHF CEO Kelly Bruno said.

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POLST Training Is Planned by Coalition

POLST: It Starts with a Conversation is a two-day training seminar offered by the Coalition for Compassionate Care of California this July 14 – 15 in San Francisco.

For those interested in the issue, but unable to make the trip, the CCCC is now planning a Southern California training seminar for 2017, communications director Liz Salmi said.

The group also offers a 3-hour online course that covers the basics. To learn more, click on the link below — and scroll down.

The intensive education seminars are designed to help health care providers and organizations develop the skills necessary to have quality conversations about Physician Orders for Life-Sustaining Treatment (POLST).

A total of 11.5 CME/CE credits are available for participants.

Learn more, and register at <http://coalitionccc.org/training-events/polst-education>

Wellness (Continued from page 1)

caregivers, and as research shows, everything from patient care and the bottom line improves with these efforts.”

Keynote speaker John Harris of Performance pH will join Moses as one of 10 scheduled presenters. Others will include Marian Ruderman, Ph.D. on the restorative power of sleep and Helge Osterhold,

Ph.D. on the stress-busting benefits of mindfulness practice.

The conference is preceded by the Certified Wellness Coordinator WellCert certification program, which runs June 7 – 8 at the same location.

In addition to informative sessions, this year’s conference features a fun run/walk and assorted

wellness activities.

To learn more about the program and conference, and to register, please visit www.hasc.org/2016-hasc-health-care-provider-wellness-conference.

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ATLAS Offers Safe Handling Assessment

ATLAS Lift Tech offers facilities a free comprehensive facility-wide safe patient handling and management (SPHM) assessment, accompanied by an implementation plan, to give organizations an ideal starting-point towards reaching their quality and safety goals. The firm’s program is tailored to optimize current initiatives, make the most out of existing resources and set targets for improved metrics and reduced costs.

Elements of the process include:

- Inventory and availability of equipment
- Continuity of SPHM program
- Interdisciplinary SPHM taskforce
- Policies, procedures and algorithms
- Patient admission and

assessment practices

- Pressure ulcer prevention measures
- Unscheduled admission pre-planning
- Patient mobility proficiencies



- Facility engineering controls
- Each facility participating in the assessment will receive a document outlining the facility’s existing SPHM landscape along with concise recommendations. The document goes even further by including an implementation plan customized to a facility’s

unique setting. ATLAS also pays attention to the culture and patient population of each organization to reach its unique objectives.

To learn more about ATLAS Lift Tech, visit www.atlaslifttech.com.

Please contact Jack McSweeney directly to set up a call, and learn more about the assessment process and the appropriate next steps.

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On the Calendar



Thursday, June 9
Behavioral Health Services Committee Los Angeles
9 - 11 a.m.
HASC Board Room
515 S. Figueroa St., Suite 1300, Los Angeles CA 90071

Tuesday, June 14
HASC Hospital Operations Committee Meeting
8:30 - 10:30 a.m.
HASC Board Room
515 S. Figueroa St., Suite 1300, Los Angeles CA 90071

Friday, June 24
Security and Safety Committee Meeting
9 a.m. - 12 noon
Barlow Respiratory Hospital
2000 Stadium Way
Los Angeles CA 90026

Thursday, June 30
HASC Board Meeting
9 a.m. - 12 noon
HASC Board Room
515 S. Figueroa St., Suite 1300, Los Angeles CA 90071

Learn more about these and other HASC events at www.hasc.org/calendar