Inland Empire Health Plan

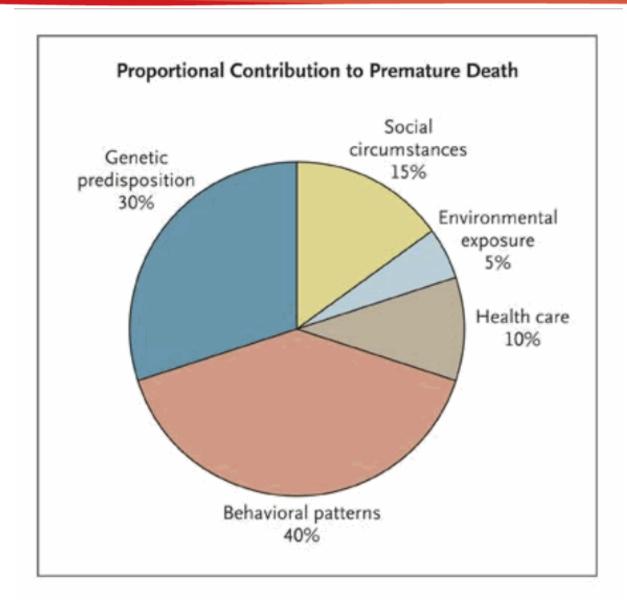


Health Plans and Hospitals Role In The Future

Bradley P. Gilbert, MD, MPP Chief Executive Officer, IEHP

Why Integrate





 Medi-Cal data demonstrates that individuals with physical chronic disease and co-morbid BH diagnosis cost 40% more for their physical chronic illness

 Riverside County study that individuals with SMI die 20+ years younger

What do Hospitals Talk to Me About?



- Your rates are too low
- Your members come to ED for non-emergency reasons
 - Your rates are too low
- You don't have enough primary care physicians and specialists
 - Your rates are too low
- Your members are complicated
 - Mental Health and /Substance use issues
 - No Transportation
 - Homeless

What should we be talking about?



- How do we care for this population in an organized way together?
- How do we share data about our Members/Patients?
- How can we (hospitals) help outside our four walls?
- What should we be working on together to prevent ED use and inpatient stays?
- How can we make that work financially for both of us?

Wall Street Journal Article



- "Hospitals" at home 24/7 physician and nurse care for acute problems that can be safely managed at home
- "Micro" Hospitals outpatient, ED, limited beds, "quick and efficient" treatment
- Multi-specialty outpatient facilities comprehensive, organized care - <u>+</u> "micro" hospital
- "Specialty" hospitals with specific, focused services lines
- Telemedicine outpatient or inpatient access to specialists
- Population Health intervene earlier with at risk population

^{*}Wall Street Journal 2/25/18 "What the Hospitals of the Future Look Like"

What about the money?



- Changes in delivery system must be accompanied by changes in reimbursement methodology
- Potential options:
 - Capitation
 - Risk Sharing
 - Bundled Payments
 - outpatient reimbursement (including "Hospital at home")
- Pay For Performance targeted

Data is Key!!



- Hospitals need to use/access available data!
 - IEHP has Member History Record with medications, risk level, gaps in care, etc.
 - Consider deeper assessments at ED or admission mini-HRA, PHQ-9,
 Social Determinants
 - Join an HIE!!
- Plans and Hospitals need to share and plan together
 - Population Health
 - HIE
 - Member Risk Level

What is IEHP Doing?



- Hospital Pay For Performance
 - Readmission
 - -7 day MD follow-up
 - Electronic POLST
 - -Use of HIE
- Housing Program
 - Long Term Care
 - Homeless

- Shared Risk Program
 - IPA / Hospital
- Behavioral Health Integration
 / Complex Care Initiative
- Network Expansion Fund
 - -255 new providers to IE

Conclusion



- Data and Assessments are key if you don't identify issues you cannot address them
- Plans and Hospitals need to change their "conversation"
 - Population Health
 - Risk Arrangements / Incentives / Pay For Performance
 - "Four Walls" not the right construct
- Plans and Hospitals need to innovate together
 - Community/Population needs assessments
 - Housing
 - Alternative Destinations
- Change things together... or change will be done to us
 - Single Payer
 - Funding Reductions