



### **National Health Foundation is Making an Impact**



For more than 40 years, National Health Foundation (NHF) has remained dedicated to its mission: to improve and enhance the health of the underserved by developing and supporting innovative programs that can become independently viable; provide systemic solutions to gaps in

health care access and delivery; and have the potential to be replicated nationally.

In those 40 years, NHF's groundbreaking programs have made a difference in communities and hospitals around Southern California and beyond.

#### **Pregnant Teen and Parenting Support and Be a STAR programs**

- Works to reduce teenage pregnancy among at-risk teens for better health, well-being and success as they mature
- Served 145 young people in the last fiscal year
- 100% of those surveyed were still in school, had graduated or were enrolled in or had completed a GED program six or more months following program completion

#### **HOPE for Health /**

##### **Healthy Eating Lifestyles Program (HELP)**

- Offers free education and support on healthy eating, physical education and adopting a healthy lifestyle
- More than 500 children and parents have participated
- More than 50% of participants report an increase in knowledge related to nutrition and fitness
- 60% of children reduced their BMI according to follow-up survey

### **Los Angeles Recuperative Care Program**

(results for first 17 months of program)

- Provides discharge options for hospitals with homeless patients needing medical oversight
- 95% of referrals accepted
- 34% were placed in transitional or permanent housing upon discharge
- Only 11.5% were readmitted to hospitals during their stay in recuperative care
- Saved Los Angeles County hospitals over \$2.6 million



### **Orange County Recuperative Care Program**

(results reflect first 25 months of program)

- 91% of referrals accepted
- 55% were placed in permanent or transitional housing when discharged
- Only 9% were readmitted to hospitals during their stay in recuperative care
- Saved Orange County hospitals over \$3 million

#### **Patient Safety First (PSF)**

(results for first two years of program)

- A three-year collaboration between NHF, California's regional hospital associations and Anthem Blue Cross to improve the consistency and quality of health care for Californians
- 180 participating hospitals statewide
- Nearly 1,000 lives saved by working to prevent sepsis-related deaths
- More than \$19 million in related cost savings for hospitals