

Total Pain: Total Care

a conference presented in
collaboration by
Long Beach Memorial and HASC

Thursday, April 28
8 a.m. to 4:30 p.m.
Long Beach Memorial
2801 Atlantic Ave.,
Long Beach, CA 90806

Total pain has emerged as an important concept of patient care in palliative care and pain management with implications spanning across all care settings. It's important for clinicians and administrators to understand this area of care and how it can improve medical outcomes and patient satisfaction. At this conference, you'll get up-to-date information on pain, suffering and communication in palliative care, as well as insight of how clinicians might integrate this information into their daily practice. All lectures are focused on evidence-based practices.

Who Should Attend:

- Nurses (staff, hospice, nurse practitioners, skilled nursing facilities and home health providers/agencies.)
- Doctors (family, critical care, internists, hospitalists, oncologists, residents)
- Social Workers, Case Managers, Discharge Planners
- Administrators with an interest or specialty in palliative care
- Chaplains

Key Benefits and Learning Objectives

- Recognize and define **total pain**, physical pain and alternative sources of suffering.
- Learn about new trends in the delivery of spiritual care in palliative care.
- Improve communication skills, particularly for clinicians who care for patients at end of life.
- Understand the importance of the spiritual and psychological dimensions of care when treating pain.
- Describe patient outcomes affected by the care of **total pain** and ways to measure such outcomes. Understand the spiritual domain of care as described in the National Consensus Project Clinical Guidelines.

Please register online at hasc.org , click "events," then click "complete calendar," find and click "April 28."

Agenda

7 a.m. – 8 a.m.	Registration and Continental Breakfast
8 – 8:10 a.m.	Welcome — George Mack, VP, Member Relations, HASC Invocation — Rev. Karyn Packard, Long Beach Memorial
8:10 – 9 a.m.	Pharmaceutical Management of Physical Pain, Michael Rabow, M.D.
9 – 10 a.m.	Eliminating Barriers to Pain Management, Betty Ferrell R.N., Ph.D.
10 – 10:15 a.m.	Break
10:15 – 11:15 a.m.	Total Pain Palliation, Michael Rabow, M.D.
11:15 a.m.– 12:15 p.m.	Transformation of Tragedy, Simon Wein, M.B.B.S., F.R.A.C.P.
12:15 – 1:15 p.m.	Lunch
1:15 – 2:15 p.m.	Integration of Values into Practice, Rebecca Gagne Henderson, R.N., M.S.N., N.P.-C, A.C.H.P.N.
2:15 – 3 p.m.	Break and Dessert
3 – 4 p.m.	Panel Discussion—Betty Ferrell, Michael Rabow, Simon Wein, Rebecca Gagne Henderson (moderator)
4 – 4:30 p.m.	Evaluations and CME/CEU certificate

Accreditation

Long Beach Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. Long Beach Memorial Medical Center takes responsibility for the content, quality and scientific integrity of this CME activity.



Designation

Long Beach Memorial Medical Center designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This credit may also be applied to the CMA Certification in Continuing Medical Education.

Nurses - The California Board of Registered Nursing recognizes category 1 courses approved for credit by the American Medical Association toward meeting the continuing education requirements for license renewal.

Pharmacists - Coursework which meets the standard of relevance to pharmacy practice and has been approved for continuing education by the Medical Board of California, shall, upon satisfactory completion, be considered approved continuing education for pharmacists

Faculty Disclosure:

The following faculty have disclosed that neither they nor their spouse/partner have a financial interest or other relationship with any manufacturer(s) of any commercial product or apparent conflict of interest related to the content of their presentation: Betty Ferrell, R.N., Ph.D., Rebecca Gagne Henderson, R.N., MSN, NP-C, ACHPN, Michael Rabow, M.D., Simon Wein, M.D., M.G.G.S., FRACP.

Please register online at hasc.org , click “events,” then click “complete calendar,” find and click “April 28.”

Speaker Biographies

Betty Ferrell, RN, PhD, MA, FAAN, FPCN, CHPN, - an oncology nurse for 33 years has focused her clinical expertise and research in pain management, quality of life and palliative care. Dr. Ferrell is a Professor and Research Scientist at the City of Hope Medical Center in Los Angeles. She is a Fellow of the American Academy of Nursing, and she has more than 300 publications in peer-reviewed journals and texts. She is Principal Investigator of a Program Project funded by the National Cancer Institute on “Palliative Care for Quality of Life and Symptom Concerns in Lung Cancer” and Principal Investigator of the “End-of-Life Nursing Education Consortium (ELNEC)” project. She directs several other funded projects related to palliative care in cancer centers and QOL issues. Dr. Ferrell is a member of the National Cancer Policy Forum and was Chairperson of the National Consensus Project for Quality Palliative Care. She served on the National Quality Forum Committee for Preferred Practices in palliative care. She has authored eight books including the *Oxford Textbook of Palliative Nursing Care* (2010) (3rd edition). She is co-author of the text, *The Nature of Suffering and the Goals of Nursing* published in 2008 by Oxford University Press and *Making Health Care Whole: Integrating Spirituality into Patient Care* (Templeton Press, 2010). Dr. Ferrell completed a master’s degree in theology, ethics and culture from Claremont Graduate University in 2007. In 2010, Dr. Ferrell was appointed to the Board of Scientific Advisors of the National Cancer Institute.

Michael W. Rabow, M.D., is a Professor of Clinical Medicine in the Division of General Internal Medicine, Department of Medicine, at the University of California, San Francisco. Board-certified in internal medicine and hospice and palliative care, Dr. Rabow directs a leading outpatient palliative care consultation program — the Symptom Management Service — at the UCSF Helen Diller Family Comprehensive Cancer Center. He is the Associate Director of the UCSF Palliative Care Leadership Center (PCLC). Dr. Rabow was Assistant Editor for the recently completed bimonthly section in the *Journal of the American Medical Association* entitled “Perspectives on Care at the Close of Life.” The papers from this section have recently been updated and compiled into a book, *Care at the Close of Life*. Dr. Rabow also co-edits the major medical textbook, *Current Medical Diagnosis and Treatment*. Dr. Rabow’s research explores the benefits of outpatient palliative care as well as training experiences and professional development in end-of-life care. Dr. Rabow serves as the Director of the Center for the Study of the Healer’s Art at the Institute for the Study of Health and Illness at Commonwealth in California. Dr. Rabow has a particular interest in professionalism, professional development and meaning in the doctor-patient relationship.

Speaker Biographies

Simon Wein, M.B.B.S., F.R.A.C.P. graduated from Medical School University of Melbourne in Australia and trained in Internal Medicine and Medical Oncology. He then did a two-year fellowship in psycho-oncology at Memorial Sloan Kettering Cancer Center before moving to Israel where he trained for three years in palliative medicine. Dr. Wein returned to Australia to the Peter MacCallum Cancer Center where he took up a full-time senior specialist position as a palliative medicine physician, and as a Senior Lecturer with the University of Melbourne. Then three years ago he was invited to open the Pain and Palliative Care Service at the Davidoff Cancer Center in Petach Tikvah in Israel where he is now situated. He is co-editor of the *Palliative & Supportive Care Journal* and has an abiding interest in psycho-oncology in particular the nature of hope.

Rebecca Gagne Henderson, M.S.N., N.P.-C, A.C.H.P.N. graduated from the University of Southern California in 1994 with her Bachelor of Science in Nursing, and graduated with her Master of Science in Nursing from the Family Nurse Practitioner Program at Azusa Pacific University in 2009. She is an Advanced Practice Certified Hospice and Palliative Nurse (ACHPN) and a Certified Family Nurse Practitioner (NP-C). She has completed the Harvard Medical School Education and Clinical Program. She is currently employed by Long Beach Memorial Medical Center (LBM) to head and develop their Palliative Services Program. She serves on the Long Beach Memorial and White Memorial Hospitals Medical Bioethics Committees. Rebecca's entire nursing career has been spent caring for HIV/AIDS palliative and hospice patients. She has lectured at Fuller Theological Seminary, USC/Doheny Eye Institute, White Memorial Medical Center and for the Hospice and Palliative Nurses Association. She has lectured for grand rounds at Charles R. Drew University of Health Sciences and family physician residents of Presbyterian Intercommunity Hospital and Long Beach Memorial. She has taught Community Health Nursing, and Leadership in Nursing at Mt. St. Mary's College in Los Angeles, and Community Health Nursing at Azusa Pacific University and California State University Los Angeles. Rebecca has just been accepted to the Ph.D. in Palliative Care program at the University of Lancaster in the United Kingdom beginning June 2011.

Total Pain: Total Care

Please register online at www.hasc.org or fax form to Jamila Mayers at (213) 629-4272

Thursday, April 28, 2011

Registration: 7:30 a.m.; Program: 8 a.m. to 4:30 p.m.

Long Beach Memorial – Houssels Forum, 2801 Atlantic Ave., Long Beach, CA 90806

Registration fees include continental breakfast, lunch and handouts. For complete program information and online registration, please go to www.hasc.org then click "events" tab, and select April 28.

\$200 HASC Member

\$240 Non-Members

\$100 Full-Time Student

First Name: _____ Last Name: _____ Nickname: _____

Title: _____

Organization: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone (____) _____ Email (**REQUIRED**) _____

Continuing Education Sign-up:

- ACHE Category, Type II Credit (6 hours) BRN Credit, Provider #512 (6 hours) BBS Credit, Provider #1216 (5 hours)
 CCE (6.5 hours) CME (6.5)

Payment Method: MasterCard Visa AMEX Check#: _____

Card #: _____ Exp. Date: _____ Amount: _____

Cardholder Name (please print): _____

Cardholder Address: _____ City: _____ State: _____ Zip: _____

Cardholder Phone:(____) _____ Authorized Signature: _____

IMPORTANT REMINDERS

- Registration deadline, April 25, 2011
- Valid payment information must be received with your registration.
- Mail and make check payable to HASC, Attn: Jamila Mayers, 515 South Figueroa St., Suite 1300, Los Angeles, CA 90071. Please note on check program ID #2175-178
- Fax registration form to (213) 629-4272 or scan registration form to jmayers@hasc.org

CANCELLATION

- All cancellations must be requested in writing and confirmed by HASC, **no later than April 15, 2011**, and will be subject to a \$25 processing fee.
- Cancellations after April 15, 2011 and non-attending registrants will be invoiced for the entire registration fee. Substitutions are accepted at any time for this program but will not be processed until full payment has been received. Fees are non-transferrable for other HASC seminars.

SPECIAL NEEDS:

For ADA assistance or general registration questions contact Jamila Mayers at (213) 538-0739 or jmayers@hasc.org .

QUESTIONS?: Contact Jamila Mayers at (213) 538-0739, jmayers@hasc.org . If you are a Long Beach Memorial employee, please contact Adrianna Barron at ext. 30018 for discounted registration.